

Webinars for parents of SEND children and young people who have extreme or violent behavioural challenges.

Scheduled webinar topics and dates.

Presented by Yvonne Newbold of Newbold Hope.



NHS England has funded a series of webinars by Yvonne Newbold, for parents of children with anxiety-led extreme or violent behavioural challenges. Designed to empower parents to gain the skills needed to be able to rescue a child from their own difficulties, each one looks at a different aspect of how family life is impacted by a child with very difficult behaviours, and how to help a child cope better in a safer and happier way.

Yvonne is a mother of a young man who was extremely violent and challenging for several years during childhood, and who never wants another family to have to wait for help for as long as her family did. Due to her workshops, writing, online support, training and webinars, there are now several hundred children who are no longer violent, and who instead are living happy and productive lives with a much more hopeful future ahead of them.

Yvonne takes a very practical and down-to-earth approach, and every webinar is packed full of ideas, suggestions, tips tricks and strategies that can be implemented straight away and which can make a significant difference. Below are the course dates and titles of webinars which will take place this term. together with quotes from parents about how the webinars have helped their families.

If you would like more information about the webinars, please click on this link – <https://yvonnenebold.com/webinars-workshops-courses-and-books/>

For any further information, please contact Yvonne at yvonne@newboldhope.com

Parents joining Yvonne's webinars were asked what they thought about them –

- 92% of parents said that they feel more confident in their parenting skills as a result of the webinar*
- Parents rated the webinars at 9.7 out of 10 for being helpful.*

Yvonne also runs a private Facebook Group for parents of SEND children who are physically violent towards other people, as well as another private Facebook Group for the professionals and other staff who work with this group of children and their families. If you would like to join either of these groups please ensure that you answer the joining questions as fully as you can.

Link to Parent Group: [The SEND VCB Project – Support Group for Families](#)

Link to Professional's Group: [The Community of Practice for the SEND VCB Project](#)

HOW TO FEEL HAPPIER AND LESS EXHAUSTED AS A SEND PARENT

Tuesday, 24th November 2020



How to feel happier and less exhausted as a SEND parent

Webinar – Tuesday 24th November, 8.00pm – 10.00
With Yvonne Newbold and Malcolm Cooper
Cost £2.50 with free places available.
Replay link available for a month afterwards



“Having moments with Malcolm gave me time to reflect on the messages Yvonne was giving, they helped me to relax and feel less stressed & overwhelmed. The webinar was incredible, I felt empowered by Yvonne’s words, believing in myself more, knowing I have the capability to get through each day with tips on how to survive. I can see that taking time for me isn’t something to feel guilty about, it is necessary in order for me to function, for me to be the best I can be for my children.”
(Parent October 2020)

To find out more, including course content and how to book, please click on this link - <https://yvonnewbold.com/product/3841/>

HOW TO REDUCE EXTREME BEHAVIOUR IN SEND CHILDREN

Tuesday, 1st December 2020

“When I see my darling daughter through the lens Yvonne gave me, I see nothing but a frightened wee girl who needs to feel safe. It has been utterly transformative to look through this lens. I can at last meet her needs, and that enables her to function at a higher level. Yvonne has been the key in the lock for us. I bless her from my heart.”
(Parent August 2020)



How to reduce extreme behaviour in SEND children

Webinar – Tuesday, 27th October 8.00pm – 10.00
With Yvonne Newbold
Cost £2.50 with free places available
Replay link available for a month afterwards



To find out more, including course content and how to book, please click on this link - <https://yvonnewbold.com/product/how-to-reduce-extreme-behaviour-in-send-children/>

HOW TO KEEP BROTHERS AND SISTERS SAFE AND HAPPY

Tuesday, 8th December 2020



How to keep brothers and sisters safe and happy

Webinar – Tuesday, 8th December
8.00pm – 10.00

With Yvonne Newbold
Cost £2.50 with free places
available.

Replay link available for a month
afterwards



"They are delivered in such a warm and welcoming manner, by someone who you can instantly tell understands what you are going through, who has infinite experience and knowledge on the subjects she talks about and most importantly who genuinely cares about the struggles you and your family are going through"
(Parent September 2020)

To find out more, including course content and how to book, please click on this link - <https://yvonnenebold.com/product/how-to-keep-brothers-and-sisters-safe-and-happy/>

How to help a demand avoidant child cope better with life

Tuesday, 19th January 2021

"My family have found Yvonne Newbold's webinars to be the most helpful and effective resource available to us since our son was referred for assessment in 2018 to present (when we feel no further on in the assessment process), especially invaluable since Covid-19 when other resources / support groups I relied upon ceased. Were it not for Yvonne's webinars, we would feel stranded in a pool of stagnant water going round in circles, with no other conceivable outcome than drowning - these webinars have provided us with a life-raft, a reliable range of safety equipment, ideas to try to save ourselves and, perhaps most importantly, the hope and motivation to get through the challenges and make the most of our family life. Thank you."
(Parent October 2020)



How to help a demand avoidant child cope better with life

Webinar – Tuesday 19th
January 2021 8.00pm – 10.00
With Yvonne Newbold
Cost £2.50 with free places
available.

Replay link available for a month afterwards



To find out more, including course content and how to book, please click on this link -

<https://yvonnenebold.com/product/how-to-help-a-demand-avoidant-child-cope-better-with-life/>

Understanding communication and how it impacts on behaviour

Tuesday, 2nd February 2021



Understanding Communication and how it impacts on behaviour

Webinar – Tuesday 2nd February 2021,
8.00pm – 10.00
With Yvonne Newbold
Cost £2.50 with free places available.
Replay link available for a month afterwards



“When I joined Yvonne’s training sessions and Facebook support group my daughter was in a desperate state. She would have 7 to 10 meltdowns a day, threaten self-harm, hurt me and others and break things she loved. She is now in a very different place. I have learnt more of what she can and cannot manage, and I have adjusted to understand her way of communicating, rather than expecting her to learn mine. She is much more able to communicate her needs, has a better

understanding of herself, and violent behaviour is now an occasional problem rather than a constant struggle. Our relationship is extremely close, and we can work much more as a team to tackle things. I’ve massively adjusted my expectations of what we/she can manage, and it’s really paid off as she’s just so much happier.”

(Parent July 2020)

To find out more, including course content and how to book, please click on this link -

<https://yvonnenebold.com/product/understanding-communication-and-how-it-impacts-on-behaviour/>

How to reduce stress with SEND children about screen time and internet use

Tuesday, 16th February 2021

“I am a single parent with three children each of whom has additional needs and displays differently presenting complex behaviour. I enrolled on the webinar about gaming and found it incredibly informative as well as interesting and extremely helpful. Yvonne’s ability to research and distil novel information is incredible. I sounded much more hip as a Mum after the session and I had some great suggestions as to how I could improve our situation. I thoroughly recommend them”

(Parent May 2020)



How to reduce stress with SEND children about screen & internet use

Webinar – Tuesday, 16th February 2021, 8.00pm – 10.00
With Yvonne Newbold
Cost £2.50 with free places available.
Replay link available for a month afterwards



To find out more, including course content and how to book, please click on this link -

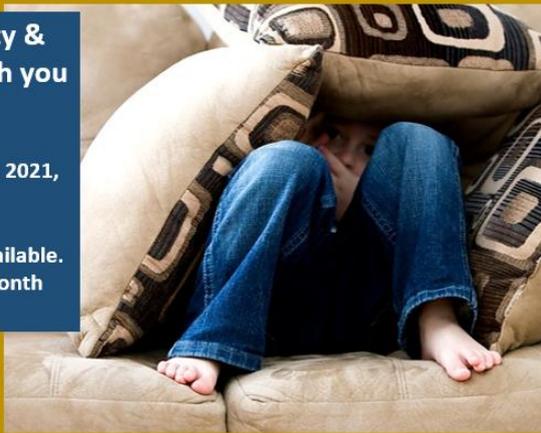
<https://yvonnenebold.com/product/how-to-reduce-stress-with-send-children-about-screen-internet-use/>

Understanding anxiety and how to reduce it in both you and your child

Tuesday, 2nd March 2021

Understanding anxiety & how to reduce it in both you and your child

Webinar – Tuesday, 2nd March 2021,
8.00pm – 10.00
With Yvonne Newbold
Cost £2.50 with free places available.
Replay link available for a month afterwards



"Another fantastic webinar - so another very big thank you Yvonne for sharing your wisdom and making me feel like anything is possible. These do so much for building confidence in tackling difficult things and putting them in perspective. A really lovely community of parents - it helps sharing with others in the same boat too."
(Parent, September 2020)

These webinars are exceptional. They give great information and the strategies and tips make such a positive difference to our daily lives! Just brilliant! Literally life-saving!
(Parent September 2020)

To find out more, including course content and how to book, please click on this link - <https://yvonnenebold.com/product/understanding-anxiety-how-to-reduce-it-in-both-you-and-your-child/>

How to boost your SEND child's self-esteem

Tuesday, 16th March 2021

"My key take-away from this webinar is that so many aspects of life with a SEND child are interconnected. That low self-esteem impacts on the whole family and a whole family approach is needed. I've not come across such breadth anywhere else; I've been to some great webinars with other people but often it is a single issue that is dealt with without an appreciation of what feeds into that issue and other factors that affect it. I hope that makes sense. Such a brilliantly useful and thought-provoking webinar."
(Parent September 2020)

How to boost your SEND child's self-esteem

Webinar – Tuesday, 16th March 2021,
8.00pm – 10.00
With Yvonne Newbold
Cost £2.50 with free places available.
Replay link available for a month afterwards



"The idea of celebrating little wins, and the variety of ideas within the webinar, gives me the confidence to try further and more actively to support my child's self-esteem."
(Parent September 2020)

To find out more, including course content and how to book, please click on this link - <https://yvonnenebold.com/product/how-to-boost-your-send-childs-self-esteem-2/>

All of these webinars are on Tuesday evenings between 8pm and 10pm. All participants will also have access to a webinar replay link for one month to enable viewing at convenient times

Each webinar costs £2.50 – Free places available for families in financial hardship. Please email webinars@newboldhope.com for more information

To find out more about all the webinars and to book, [please click here](#)

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